



Chili with a Pumpkin Twist

Ingredients

**3 pounds CY'S MEAT DEPARTMENT
lean ground beef**
2 cups solid pack pumpkin
2 cans SHURFINE red kidney beans
2 medium onions, chopped
**3 (15-ounce) SHURFINE cans chopped
tomatoes**
2 tablespoons SHURFINE chili powder
**1/4 teaspoon SHURFINE red pepper
flakes**
2 tablespoons SHURFINE sugar
1 teaspoon SHURFINE salt
2 bay leaves



Directions

- 1. In a large casserole, brown ground beef and drain off excess fat.**
- 2. Add the rest of the ingredients, stir well, and simmer over low heat for 1 to 2 hours.**
- 3. Serve with crackers or garlic bread.**